



**CTFN – FROS - SPORTA**  
**CHAMPIONNAT NATIONAL DE NATATION 2012**  
**NATIONAAL KAMPIOENSCHAP ZWEMMEN 2012**  
**LONGUES DISTANCES - LANGE AFSTAND**

**2012-01-22**

**PISCINE - ZWEMBAD 'AQUA' TOURNAI / DOORNIK**

**CLUBS PARTICIPANTS - DEELNEMENDE CLUBS :**

**FROS**

BLANKENBERGSE ZWEMVERENIGING - BZV	GOEGEBEUR DIRK
VRIJE ZWEMMERS DRONGEN - VZD	
VRIJE ZWEMMERS NIEUWPOORT - VZN	T'JAECKX CINDY
VRIJE ZWEMMERS SINT- AMANDSBERG - VZSA	CAESTECKER WILFRIED
VRIJE ZWEMMERS TIENEN - VZT	DELFOIN STEVEN
ZWEMCLUB DELFINO HERSELT- DELF	MOLS CHANTAL
ZWEMCLUB INTERBAD BRUGGE - ZIB	

**SPORTA**

LICHTERVELDSE ZWEMCLUB - LZK	NEYENS GILBERT
ZWEMCLUB 'TER BORCHT' MEULEBEKE - ZTB	NEIRYNCK FRIEDA
KUURNSE ZWEMVERENIGING - KZV	

**AFSTB - CTFN**

CLUB MARSOUINS ATH - CMA	DEGAVRE PIERRE
VRIJE ZWEM- EN SPORTVERENIGING HOFSTADE - VZSH	PEETERS JESSICA
SWIMMING CLUB RENAIX - SCR	MICHAUX VINCENT
CERCLE SPORTIF TRAVAILLISTE FRANCOPHONE DE NATATION - CSTFN	MARCOS MERCEDES

**RÉSULTATS - UITSLAGEN**

## JURY DES CONCOURS - WEDSTRIJDJURY

Juge-Arbitre / Scheidsrechter : Camille DEBBAUT CTFN

Starter : Gino CLAEYS FROS

Inspecteurs des Nages / Zweminspecteurs : Chantal DE BRUCKER FROS

Jeanne VAN DEYCK CTFN

Juges à l'arrivée / Aankomstrechtters : Camille DEBBAUT CTFN

Gino CLAEYS FROS

Jeanne VAN DEYCK CTFN

### CHRONOMÉTRAGE - TIJDOPNAME :

1.- VAN DEN BULCKE VZSA

2.- SPILTEYNs Tim VZT 10.20.69

GOMBERT Steven VZN 10.20.78

3.- MAROQUIN Sylvie CMA 10.20.70

VAN HOVE Kathleen CMA 10.20.64

4.- LEMAHIEU Dominique LZK 10.20.74

TACK Frank ZTB 10.20.72

5.- HELLYN Kurt VZN 10.20.74

OSTACH Tania VZN 10.20.74

6.- MAES Marc BZV 10.20.80

VERHAEGHEN Steve VZN 10.20.76

7.- DEBRUYNE Jeroen LZK 10.20.78

VAN GOLEN Boudewijn LZK 10.20.74

8.- MOLS Chantal DELF

Chronométreurs en chef / Hoofdtijdopnemers : Camille GODMONT CTFN

Secrétaire du jury / Jurysecretaris : MATTENS Hubert FROS

Micro: Jean-Claude RECOQUILLION COK

Facteur /Bode : Irène MERCKX FROS

Résultats / Uitslagen : Pieter VERREYDT AFSTB - CTFN

Médailles / Medailles & P.R. Deborah MULKENS SPORTA

Hubert MATTENS FROS

Christophe VANBOSSSELE AFSTB-CTFN

FROS - SPORTA - AFSTB/CTFN  
 AQUA TOURNAI 25m - 8 lignes/banen

RESULTATS  
 UITSLAGEN

*Course nx 1 : 400m NAGE LIBRE DAUPHINES*

*Koers nr 1 : 400m VRIJE SLAG DOLFIJNEN MEISJES*

1	DOL 84-1204	VAN ES ROBYNN	ZTB	6.15.74	-39.26	
	100m	01.27.36	200m	03.05.25	300m	04.42.00
2	DOL 83-1111	DELBEKE LAURA	LZK	7.02.23	-14.09	
	100m	01.36.74	200m	03.25.60	300m	05.15.52
3	DOL 52-1202	HEYLEN MAUREEN	DELFB	7.09.99	-01.54.01	
	100m	01.33.00	200m	03.26.20	300m	05.17.90
4	DOL 27-0201	PLATTEAU JULINE	SCR	7.43.94	-13.38	
	100m	01.43.98	200m	03.44.23	300m	05.46.09
5	DOL 56-1202	VERHAEGHE LIESE-LORE	VZN	7.54.61	-35.39	
	100m	01.44.62	200m	03.51.65	300m	05.53.23
6	DOL 52-1101	CELIS LIESE	DELFB	8.01.73	-01.47.65	
	100m	01.47.15	200m	03.52.92	300m	06.00.30
7	DOL 84-1203	MISTIAEN AMBER	ZTB	8.04.24	-01.43.76	
	100m	01.49.37	200m	03.55.35	300m	06.01.38
8	DOL 56-1201	BOVY KIARA	VZN	8.08.19	-21.81	
	100m	01.52.81	200m	04.00.09	300m	06.05.69
9	DOL 52-1204	MALEUX NINA	DELFB	8.31.38		
	100m	01.54.11	200m	04.08.89	300m	06.23.29
10	DOL 84-1202	BEUWE ELLEN	ZTB	8.34.39	-01.00.61	
	100m	01.59.85	200m	04.14.20	300m	06.28.15
	DOL 81-1203	DUTRANOIS MANON	KZV	Abandon		

*Course nx 2 : 400m NAGE LIBRE DAUPHINS*

*Koers nr 2 : 400m VRIJE SLAG DOLFIJNEN JONGENS*

1	DAU 5-0323	BIAD MEHDI	CMA	6.47.85	-12.14	
	100m	01.36.55	200m	03.24.36	300m	05.13.14
2	DOL 52-1103	MALEUX DRIES	DELFB	6.57.73	-52.96	
	100m	01.36.64	200m	03.24.84	300m	05.15.58
3	DOL 84-1206	IGODT WOUT	ZTB	7.00.62		
	100m	01.34.34	200m	03.22.42	300m	05.13.02
4	DOL 52-1104	WITVROUWEN ROBBE	DELFB	7.20.36	-39.23	
	100m	01.36.11	200m	03.28.69	300m	05.25.65
5	DOL 83-1205	DELAFONTAINE YORDAN	LZK	7.32.24	+15.24	
	100m	01.37.92	200m	03.35.41	300m	05.36.78
6	DOL 83-1206	VANDENBERGHE VIKTOR	LZK	7.47.35	-48.05	
	100m	01.44.60	200m	03.46.58	300m	05.50.96
7	DOL 83-1108	LEMAHIEU RUBEN	LZK	7.48.80	+02.14	
	100m	01.42.55	200m	03.44.03	300m	05.42.94

*Course nx 3 : 200m NAGE LIBRE TETARDS FILLES*

*Koers nr 3 : 200m VRIJE SLAG EENDJES MEISJES*

1	EEN 27-0229	GIOT GWENAELLE	SCR	4.10.78	+05.90	
	50m	00.52.86	100m	01.58.89	150m	03.05.62
2	EEN 83-1202	MOENAERT ALLYSIA	LZK	5.05.51	-49.64	
	50m	01.06.04	100m	02.24.89	150m	03.45.14
3	EEN 84-1207	VANDE WALLE JASMIEN	ZTB	6.12.52		
	50m	01.22.05	100m	03.02.24	150m	04.40.46
4	EEN 83-1201	SOENS ELLEN	LZK	6.17.12	+31.82	
	50m	01.16.69	100m	03.00.38	150m	04.42.68

**Course nx 4 : 200m NAGE LIBRE TETARDS GARCONS**  
**Koers nr 4 : 200m VRIJE SLAG EENDJES JONGENS**

1	TET 30-0183	VANDERPUTTEN RAUL	CSFTN	3.57.51	-05.14
		50m 00.54.58 100m 01.54.99 150m 02.56.95			
2	EEN 84-1208	CHRISTIAENS WARRE	ZTB	4.17.06	
		50m 01.01.01 100m 02.00.68 150m 03.09.86			
3	EEN 83-1204	DELAFONTAINE MYLAN	LZK	5.57.23	-12.92
		50m 01.20.57 100m 02.51.23 150m 04.21.75			
4	EEN 83-1203	LEMAHIEU IBEN	LZK	6.26.20	+35.80
		50m 01.17.20 100m 03.01.28 150m 04.45.50			

**Course nx 5 : 800m NAGE LIBRE BENJAMINES**  
**Koers nr 5 : 800m VRIJE SLAG BENJAMINS MEISJES**

1	BEN 5-0155	HERMAN EMILIE	CMA	12.52.60	+07.61
		100m 01.31.23 200m 03.09.96 300m 04.51.55 400m 06.33.05			
		500m 08.12.37 600m 09.47.86 700m 11.23.01			
2	BEN 5-0121	HERMAN MARIE	CMA	13.50.50	+50.51
		100m 01.31.95 200m 03.15.97 300m 05.03.11 400m 06.51.22			
		500m 08.40.12 600m 10.25.83 700m 12.12.66			
3	BEN 27-0057	POLLEZ AMBER	SCR	14.05.09	+21.86
		100m 01.39.27 200m 03.26.96 300m 05.16.29 400m 07.05.52			
		500m 08.53.30 600m 10.39.80 700m 12.25.90			
4	BEN 83-1112	ORNELIS LAURA	LZK	14.16.20	+07.16
		100m 01.35.62 200m 03.23.93 300m 05.13.32 400m 07.03.18			
		500m 08.52.32 600m 10.41.36 700m 12.31.39			
5	BEN 56-1103	VANDERVORST INI	VZN	14.16.43	+01.19.70
		100m 01.38.21 200m 03.26.55 300m 05.17.34 400m 07.06.20			
		500m 08.57.90 600m 10.46.95 700m 12.31.27			
6	BEN 27-0118	DELAIRE FLORINE	SCR	14.20.12	-02.55
		100m 01.40.37 200m 03.31.91 300m 05.20.97 400m 07.11.27			
		500m 09.00.95 600m 10.49.02 700m 12.37.58			
7	BEN 27-0075	GIOT NOEMIE	SCR	14.21.04	
		100m 01.42.34 200m 03.34.91 300m 05.24.02 400m 07.12.23			
		500m 09.01.90 600m 10.49.50 700m 12.37.47			
8	BEN 56-1101	CLAEYS XENA	VZN	15.08.48	-51.52
		100m 01.44.80 200m 03.44.02 300m 05.41.70 400m 07.38.14			
		500m 09.35.26 600m 11.31.74 700m 13.22.35			

**Course nx 6 : 800m NAGE LIBRE BENJAMINS**  
**Koers nr 6 : 800m VRIJE SLAG BENJAMINS JONGENS**

1	BEN 83-1101	DECALUWE JORRE	LZK	12.24.81	-02.72
		100m 01.17.71 200m 02.51.34 300m 04.25.82 400m 06.01.90			
		500m 07.40.36 600m 09.20.27 700m 10.55.20			
2	BEN 56-0913	MOEYAERT ROCHNEY	VZN	12.30.23	-49.77
		100m 01.27.72 200m 03.00.45 300m 04.36.45 400m 06.11.98			
		500m 07.46.26 600m 09.23.61 700m 10.58.72			
3	BEN 81-1201	LEE BRIAN	KZV	12.40.84	-01.49.16
		100m 01.25.00 200m 02.58.50 300m 04.35.10 400m 06.11.20			
		500m 07.47.45 600m 09.25.80 700m 11.05.00			
4	BEN 56-1102	VERHAEGHE ROBBEDOES	VZN	12.49.90	-30.10
		100m 01.27.17 200m 03.04.48 300m 04.43.67 400m 06.20.02			
		500m 08.00.01 600m 09.36.92 700m 11.16.65			
5	BEN 65-1202	LEVREAU MIGUEL	BZV	13.18.23	
		100m 01.28.65 200m 03.10.06 300m 04.52.20 400m 06.34.00			
		500m 08.15.60 600m 10.00.30 700m 11.40.44			
6	BEN 81-1202	DUCHI ANDREAS	KZV	13.19.67	-01.40.33
		100m 01.28.45 200m 03.10.36 300m 04.52.86 400m 06.36.73			
		500m 08.19.67 600m 10.02.45 700m 11.45.13			

Course nx 6 : 800m NAGE LIBRE BENJAMINS (suite)

Koers nr 6 : 800m VRIJE SLAG BENJAMINS JONGENS (vervolg)

7	BEN	56-1105	GOMBERT DYLAN	VZN	13.39.35	+04.35			
		100m	01.31.30	200m	03.13.59	300m	04.58.07	400m	06.41.89
		500m	08.27.71	600m	10.13.88	700m	12.01.30		
8	BEN	5-0700	LOUCHEUR JAROD	CMA	14.10.06	+20.36			
		100m	01.31.98	200m	03.17.48	300m	05.06.11	400m	06.54.94
		500m	08.46.25	600m	10.37.34	700m	12.26.36		
9	BEN	30-0182	VANDERPUTTEN MATHIAS	CSFTN	14.33.16	-04.24.47			
		100m	01.35.73	200m	03.26.86	300m	05.18.45	400m	07.07.52
		500m	08.59.63	600m	10.51.52	700m	12.45.10		
10	BEN	83-1109	HAELEWIJN ARNE	LZK	14.39.22	-30.93			
		100m	01.39.80	200m	03.29.46	300m	05.23.08	400m	07.17.47
		500m	09.11.64	600m	11.05.43	700m	12.57.17		
11	BEN	27-0104	DE ROOSE GLENN	SCR	14.40.27	-38.27			
		100m	01.38.94	200m	03.30.23	300m	05.23.66	400m	07.17.63
		500m	09.11.83	600m	11.05.02	700m	12.52.30		
12	BEN	83-1110	VAN COLEN ILLIANO	LZK	16.11.27	+37.87			
		100m	01.45.51	200m	03.50.79	300m	06.02.46	400m	08.12.98
		500m	10.15.65	600m	12.23.32	700m	14.21.67		
13	BEN	83-1207	DELAFONTAINE DYLAN	LZK	16.14.27	+28.17			
		100m	01.44.70	200m	03.45.45	300m	05.47.84	400m	07.47.94
		500m	09.55.84	600m	12.00.58	700m	14.17.48		

Course nx 7 : 1500m NAGE LIBRE MESSIEURS MIN--->VET  
 Koers nr 7 : 1500m VRIJE SLAG HEREN MIN ---> VET

1	MIN 27-0352	VANLEYNSEELE TOM	SCR	22.53.88	
	100m	01.22.56	200m	02.52.68	300m 04.23.81
	500m	07.29.42	600m	09.01.41	700m 10.24.44
	900m	13.40.73	1000m	15.15.21	1100m 16.48.56
	1300m	19.55.56	1400m	21.28.17	1200m 18.22.84
2	MIN 56-0912	HELLYN ROBBE	VZN	23.03.63	+28.63
	100m	01.24.55	200m	02.55.99	300m 04.27.33
	500m	07.33.24	600m	09.05.43	700m 10.39.55
	900m	13.47.72	1000m	15.22.30	1100m 16.56.88
	1300m	20.02.84	1400m	21.36.62	1200m 18.29.92
3	MIN 5-0112	BIAD KARIM	CMA	23.26.84	-01.03.15
	100m	01.22.73	200m	02.55.02	300m 04.29.07
	500m	07.38.91	600m	09.14.08	700m 10.49.45
	900m	14.01.16	1000m	15.38.09	1100m 17.14.49
	1300m	20.26.93	1400m	22.01.23	1200m 18.52.13
4	MIN 83-1209	VAN NEVEL NIELS	LZK	23.35.38	-10.77
	100m	01.19.26	200m	02.48.74	300m 04.22.34
	500m	07.33.15	600m	09.09.68	700m 10.45.27
	900m	13.55.02	1000m	15.32.14	1100m 17.08.82
	1300m	20.24.69	1400m	22.00.60	1200m 18.46.42
5	MIN 84-1104	VAN CAUWENBERGHE MICHIEL	ZTB	23.57.46	
	100m	01.27.13	200m	03.03.00	300m 04.40.24
	500m	07.51.18	600m	09.26.75	700m 11.04.01
	900m	14.19.59	1000m	15.58.78	1100m 17.38.34
	1300m	20.54.72	1400m	22.29.29	1200m 19.15.93
6	MIN 83-1211	DECALUWE JIMME	LZK	24.22.50	-01.03.80
	100m	01.16.36	200m	02.46.67	300m 04.23.52
	500m	07.39.61	600m	09.18.93	700m 10.57.14
	900m	14.22.05	1000m	16.04.58	1100m 17.49.02
	1300m	21.10.58	1400m	22.47.73	1200m 19.30.70
7	MIN 83-1210	DEPOORTER ROBBE	LZK	25.17.81	-01.01.24
	100m	01.22.73	200m	03.00.28	300m 04.43.30
	500m	08.09.03	600m	09.50.21	700m 11.32.06
	900m	14.59.23	1000m	16.43.10	1100m 18.28.03
	1300m	21.56.18	1400m	23.43.13	1200m 20.13.89
8	MIN 65-1203	TEMMERMAN GIANNI	BZV	25.35.16	
	100m	01.32.44	200m	03.12.43	300m 04.52.46
	500m	08.18.14	600m	10.01.80	700m 11.14.32
	900m	15.11.59	1000m	16.58.23	1100m 18.45.86
	1300m	22.20.51	1400m	24.03.48	1200m 20.33.62
9	MIN 27-0325	HAELTERS NOAH	SCR	27.49.22	-56.66
	100m	01.39.27	200m	03.25.61	300m 05.15.62
	500m	08.58.39	600m	10.51.17	700m 12.43.63
	900m	16.30.32	1000m	18.25.77	1100m 20.20.84
	1300m	24.06.77	1400m	25.58.70	1200m 22.14.94
10	MIN 5-0297	NOTREDAME ARTHUR	CMA	28.14.24	+02.35.09
	100m	01.35.77	200m	03.23.08	300m 05.12.34
	500m	08.55.42	600m	10.49.46	700m 12.43.55
	900m	16.36.18	1000m	18.32.09	1100m 20.30.01
	1300m	24.28.14	1400m	26.22.53	1200m 22.28.19
1	KAD 54-1004	LOONES MATTHIAS	VZD	17.39.58	-01.42.35
	100m	01.06.63	200m	02.17.39	300m 03.27.32
	500m	05.48.13	600m	06.59.15	700m 08.10.39
	900m	10.34.27	1000m	11.46.13	1100m 12.57.99
	1300m	15.20.70	1400m	16.32.19	1200m 14.09.37

Course nx 7 : 1500m NAGE LIBRE MESSIEURS MIN--->VET (suite)

Koers nr 7 : 1500m VRIJE SLAG HEREN MIN ---> VET (vervolg)

2	KAD	61-1101	DEFOIN STEVEN	VZT	19.43.37	-16.63			
		100m	01.07.66	200m	02.22.53	300m	03.41.17	400m	05.01.39
		500m	06.22.20	600m	07.42.70	700m	09.04.10	800m	10.21.78
		900m	11.44.61	1000m	13.09.00	1100m	14.32.09	1200m	15.48.25
		1300m	17.08.69	1400m	18.28.09				
3	KAD	84-1105	BRUGGEMAN GILLES	ZTB	20.12.40	-01.15.86			
		100m	01.12.94	200m	02.33.21	300m	03.54.28	400m	05.16.24
		500m	06.37.38	600m	07.58.62	700m	09.18.43	800m	10.39.96
		900m	12.01.81	1000m	13.23.38	1100m	14.45.40	1200m	16.07.66
		1300m	17.28.98	1400m	18.51.21				
4	KAD	56-1001	CLAEYS KENNETH	VZN	20.30.36	-29.64			
		100m	01.15.43	200m	02.37.49	300m	04.00.77	400m	05.25.61
		500m	06.50.17	600m	08.14.55	700m	09.39.08	800m	11.03.49
		900m	12.28.90	1000m	13.51.49	1100m	15.12.36	1200m	16.33.17
		1300m	17.54.39	1400m	19.15.43				
5	KAD	65-1009	HAERINCKX THIBAU	BZV	20.38.03	-02.07.22			
		100m	01.13.73	200m	02.36.16	300m	03.59.61	400m	05.23.41
		500m	06.47.04	600m	08.10.48	700m	09.35.90	800m	11.02.07
		900m	12.27.39	1000m	13.52.20	1100m	15.15.13	1200m	16.39.16
		1300m	18.02.47	1400m	19.24.17				
6	CAD	5-0118	CLAISSE ETIENNE	CMA	21.07.53	-30.34			
		100m	01.14.32	200m	02.36.71	300m	04.00.89	400m	05.26.22
		500m	06.51.20	600m	08.16.98	700m	09.42.64	800m	11.08.82
		900m	12.36.03	1000m	14.03.27	1100m	15.28.80	1200m	16.54.37
		1300m	18.20.16	1400m	19.45.71				
7	KAD	65-1008	DE VUYST RUBEN	BZV	21.44.88	+04.62			
		100m	01.15.19	200m	02.37.98	300m	04.04.31	400m	05.31.05
		500m	07.00.13	600m	08.27.75	700m	09.57.21	800m	11.26.09
		900m	12.54.55	1000m	14.23.39	1100m	15.51.94	1200m	17.22.01
		1300m	18.51.68	1400m	20.19.27				
8	CAD	5-0489	DEJONGHE CLEMENT	CMA	22.43.51	+24.29			
		100m	01.24.36	200m	02.56.48	300m	04.27.12	400m	05.59.39
		500m	07.33.08	600m	09.04.88	700m	10.37.66	800m	12.09.68
		900m	13.38.07	1000m	15.07.86	1100m	16.38.77	1200m	18.13.99
		1300m	19.47.59	1400m	21.17.84				
9	KAD	56-0906	D'HEUNINCK ROBBE	VZN	23.06.62	+33.56			
		100m	01.22.37	200m	02.54.33	300m	04.29.12	400m	05.59.53
		500m	07.32.74	600m	09.07.53	700m	10.40.24	800m	12.13.40
		900m	13.47.47	1000m	15.22.33	1100m	16.55.65	1200m	18.29.55
		1300m	20.02.35	1400m	21.36.09				
10	KAD	51-1201	CLAUS JONATHAN	VZSA	24.56.53	-03.47			
		100m	01.19.77	200m	02.55.54	300m	04.33.11	400m	06.12.33
		500m	07.51.03	600m	09.32.55	700m	11.14.30	800m	12.55.37
		900m	14.38.42	1000m	16.21.02	1100m	18.04.95	1200m	19.48.29
		1300m	21.31.68	1400m	23.16.95				
11	CAD	30-0186	DELBART MAXIME	CSTFN	26.15.21	-39.02			
		100m	01.19.51	200m	02.53.31	300m	04.34.98	400m	06.18.96
		500m	08.04.49	600m	09.52.20	700m	11.39.58	800m	13.26.99
		900m	15.16.08	1000m	17.06.60	1100m	18.57.61	1200m	20.49.73
		1300m	22.39.73	1400m	24.28.97				
1	PUP	5-0106	COESSENS LIONEL	CMA	20.51.53	+02.22.23			
		100m	01.12.63	200m	02.31.12	300m	03.50.19	400m	05.09.00
		500m	06.29.77	600m	07.54.43	700m	09.21.70	800m	10.47.61
		900m	12.13.13	1000m	13.40.51	1100m	15.07.50	1200m	16.34.18
		1300m	17.59.73	1400m	19.25.72				

Course nx 7 : 1500m NAGE LIBRE MESSIEURS MIN--->VET (suite)

Koers nr 7 : 1500m VRIJE SLAG HEREN MIN ---> VET (vervolg)

2	PUP	51-1202	PEETERS JIM	VZSA	21.26.95	-01.03.05
		100m	01.16.04	200m	02.41.51	300m 04.09.04
		400m	05.37.08	500m	07.05.02	600m 08.33.26
		700m	10.00.70	800m	11.27.14	900m 12.52.80
		1000m	14.19.89	1100m	15.47.48	1200m 17.14.02
		1300m	18.42.80	1400m	20.08.92	
3	PUP	54-1201	DE COCK GERTJAN	VZD	26.06.66	-38.81
		100m	01.28.20	200m	03.05.22	300m 04.47.98
		400m	06.33.60	500m	08.20.70	600m 10.08.80
		700m	11.57.12	800m	13.45.32	900m 15.33.90
		1000m	17.23.60	1100m	19.13.28	1200m 21.03.98
		1300m	22.47.20	1400m	24.36.71	
1	SEN	56-0046	VELGHE GILLES	VZN	17.40.43	-24.69
		100m	01.07.80	200m	02.19.55	300m 03.26.51
		400m	04.35.55	500m	05.45.99	600m 06.57.99
		700m	08.11.00	800m	09.23.85	900m 10.35.00
		1000m	11.46.32	1100m	12.58.57	1200m 14.09.41
		1300m	15.21.79	1400m	16.33.44	
2	min	51-1001	LEYTENS BART	VZSA	20.55.76	-01.04.24
		100m	01.15.46	200m	02.35.53	300m 03.57.95
		400m	05.22.09	500m	06.47.59	600m 08.12.58
		700m	09.37.14	800m	11.02.38	900m 12.28.31
		1000m	13.54.74	1100m	15.20.37	1200m 16.45.81
		1300m	18.12.23	1400m	19.36.66	
1	V30	25-1115	DE SCHEPPER STIJN	VZSH	25.24.06	-01.05.94
		100m	01.28.62	200m	03.06.97	300m 04.49.12
		400m	06.31.45	500m	08.14.48	600m 09.58.06
		700m	11.41.39	800m	13.24.03	900m 15.07.34
		1000m	16.50.14	1100m	18.33.56	1200m 20.17.79
		1300m	22.00.73	1400m	23.43.80	
1	V35	27-0007	MICHAUX VINCENT	SCR	20.53.49	+25.94
		100m	01.12.70	200m	02.32.17	300m 03.52.39
		400m	05.15.52	500m	06.39.15	600m 08.03.15
		700m	09.27.96	800m	10.52.38	900m 12.18.00
		1000m	13.44.60	1100m	15.09.36	1200m 16.35.00
		1300m	18.02.16	1400m	19.29.60	
1	V40	52-1201	ENGELEN GERT	DELFF	27.20.07	+01.20.07
		100m	01.31.30	200m	03.16.83	300m 05.05.59
		400m	06.57.52	500m	08.49.40	600m 10.40.43
		700m	12.32.49	800m	14.23.16	900m 16.13.78
		1000m	18.04.90	1100m	19.56.45	1200m 21.48.43
		1300m	23.40.64	1400m	25.34.03	
1	V45	5-7778	HERMAN HUGUES	CMA	19.28.80	+06.12
		100m	01.13.65	200m	02.32.24	300m 03.50.34
		400m	05.08.92	500m	06.26.56	600m 07.43.96
		700m	09.01.90	800m	10.20.01	900m 11.38.63
		1000m	12.57.83	1100m	14.16.61	1200m 15.35.48
		1300m	16.55.04	1400m	18.13.84	
1	V50	56-0904	VERHAEGHE FRANK	VZN	22.08.50	-11.88
		100m	01.18.92	200m	02.47.40	300m 04.17.00
		400m	05.46.25	500m	07.15.64	600m 08.44.90
		700m	10.14.50	800m	11.44.98	900m 13.15.70
		1000m	14.46.18	1100m	16.15.91	1200m 17.44.40
		1300m	19.12.50	1400m	20.41.48	
2	V50	51-0903	CAESTECKER WILFRIED	VZSA	25.19.02	+41.42
		100m	01.22.26	200m	02.57.87	300m 04.36.66
		400m	06.17.79	500m	08.00.47	600m 09.44.96
		700m	11.28.13	800m	13.12.05	900m 14.55.62
		1000m	16.38.60	1100m	18.24.24	1200m 20.09.09
		1300m	21.53.40	1400m	23.36.05	



Course nx 7 : 1500m NAGE LIBRE MESSIEURS MIN--->VET  
 Koers nr 7 : 1500m VRIJE SLAG HEREN MIN ---> VET

1	KAD 54-1004	LOONES MATTHIAS	VZD	17.39.58	-01.42.35
2	SEN 56-0046	VELGHE GILLES	VZN	17.40.43	-24.69
3	V45 5-7778	HERMAN HUGUES	CMA	19.28.80	+06.12
4	KAD 61-1101	DEFOIN STEVEN	VZT	19.43.37	-16.63
5	KAD 84-1105	BRUGGEMAN GILLES	ZTB	20.12.40	-01.15.86
6	KAD 56-1001	CLAEYS KENNETH	VZN	20.30.36	-29.64
7	KAD 65-1009	HAERINCKX THIBAU	BZV	20.38.03	-02.07.22
8	PUP 5-0106	COESSENS LIONEL	CMA	20.51.53	+02.22.23
9	V35 27-0007	MICHAUX VINCENT	SCR	20.53.49	+25.94
10	min 51-1001	LEYTENS BART	VZSA	20.55.76	-01.04.24
11	CAD 5-0118	CLAISSE ETIENNE	CMA	21.07.53	-30.34
12	PUP 51-1202	PEETERS JIM	VZSA	21.26.95	-01.03.05
13	KAD 65-1008	DE VUYST RUBEN	BZV	21.44.88	+04.62
14	V50 56-0904	VERHAEGHE FRANK	VZN	22.08.50	-11.88
15	CAD 5-0489	DEJONGHE CLEMENT	CMA	22.43.51	+24.29
16	MIN 27-0352	VANLEYNSEELE TOM	SCR	22.53.88	
17	MIN 56-0912	HELLYN ROBBE	VZN	23.03.63	+28.63
18	KAD 56-0906	D'HEUNINCK ROBBE	VZN	23.06.62	+33.56
19	MIN 5-0112	BIAD KARIM	CMA	23.26.84	-01.03.15
20	MIN 83-1209	VAN NEVEL NIELS	LZK	23.35.38	-10.77
21	MIN 84-1104	VAN CAUWENBERGHE MICHIEL	ZTB	23.57.46	
22	MIN 83-1211	DECALUWE JIMME	LZK	24.22.50	-01.03.80
23	KAD 51-1201	CLAUS JONATHAN	VZSA	24.56.53	-03.47
24	MIN 83-1210	DEPOORTER ROBBE	LZK	25.17.81	-01.01.24
25	V50 51-0903	CAESTECKER WILFRIED	VZSA	25.19.02	+41.42
26	V30 25-1115	DE SCHEPPER STIJN	VZSH	25.24.06	-01.05.94
27	MIN 65-1203	TEMMERMAN GIANNI	BZV	25.35.16	
28	PUP 54-1201	DE COCK GERTJAN	VZD	26.06.66	-38.81
29	CAD 30-0186	DELBART MAXIME	CSTFN	26.15.21	-39.02
30	V40 52-1201	ENGELEN GERT	DELFF	27.20.07	+01.20.07
31	MIN 27-0325	HAELTERS NOAH	SCR	27.49.22	-56.66
32	MIN 5-0297	NOTREDAME ARTHUR	CMA	28.14.24	+02.35.09
	MIN 52-0906	ENGELEN JAN	DELFF	Abandon	
	MIN 5-0429	FLASSE ADAM	CMA	Forfait	

Course nx 8 : 800m NAGE LIBRE DAMES MIN ---> VET  
 Koers nr 8 : 800m VRIJE SLAG DAMES MIN ---> VET

1	MIN	5-0967	MELICE OCEANE	CMA	10.51.38	-02.39			
		100m	01.16.34	200m	02.39.35	300m	03.58.94	400m	05.21.87
		500m	06.43.95	600m	08.06.91	700m	09.30.52		
2	MIN	5-0591	DEJONGHE CONSTANCE	CMA	11.08.10	+16.48			
		100m	01.15.67	200m	02.37.86	300m	04.02.45	400m	05.27.74
		500m	06.54.43	600m	08.21.76	700m	09.46.13		
3	MIN	5-0404	WANGERMEZ CAMILLE	CMA	11.41.08	-29.63			
		100m	01.18.64	200m	02.46.06	300m	04.16.38	400m	05.48.44
		500m	07.19.91	600m	08.47.94	700m	10.17.53		
4	MIN	52-0905	VAN MEENSEL LIEN	DELFF	12.04.93	-50.63			
		100m	01.19.54	200m	02.48.57	300m	04.20.96	400m	05.54.76
		500m	07.29.48	600m	09.04.84	700m	10.37.49		
5	MIN	25-8012	VERMEULEN LIANSI	VZSH	12.13.16	-36.07			
		100m	01.21.72	200m	02.52.69	300m	04.26.88	400m	05.59.47
		500m	07.33.92	600m	09.05.94	700m	10.40.41		
6	MIN	27-0045	POLLEZ CAITLIN	SCR	12.36.91	-36.68			
		100m	01.29.30	200m	02.58.60	300m	04.36.60	400m	06.14.42
		500m	07.51.53	600m	09.28.65	700m	11.05.00		
7	MIN	83-1103	BOSTOEN AICHA	LZK	12.52.32	-09.68			
		100m	01.23.72	200m	02.58.80	300m	04.37.56	400m	06.18.64
		500m	07.58.02	600m	09.38.54	700m	11.19.85		
8	MIN	27-0030	GODEFROIDT EMILIE	SCR	12.52.33	+00.88			
		100m	01.23.14	200m	02.57.03	300m	04.35.35	400m	06.15.05
		500m	07.57.33	600m	09.39.46	700m	11.20.40		
1	CAD	5-0162	MAROQUIN MORGANE	CMA	10.17.78	+06.15			
		100m	01.12.27	200m	02.29.83	300m	03.47.76	400m	05.05.40
		500m	06.24.65	600m	07.43.76	700m	09.02.48		
2	KAD	84-1107	VERHULST FIEN	ZTB	10.20.00	-37.28			
		100m	01.12.30	200m	02.29.93	300m	03.47.48	400m	05.05.36
		500m	06.24.51	600m	07.44.22	700m	09.03.80		
3	KAD	62-7133	STROOM ANNE	ZIB	10.46.03	-38.97			
		100m	01.12.75	200m	02.31.82	300m	03.52.47	400m	05.16.12
		500m	06.37.37	600m	08.01.34	700m	09.25.57		
4	KAD	84-1108	VANKEIRSBILCK EEFJE	ZTB	11.01.53	-07.73			
		100m	01.16.03	200m	02.37.45	300m	03.59.68	400m	05.22.40
		500m	06.46.69	600m	08.13.65	700m	09.39.56		
5	KAD	56-0908	T'JAECKX JOANNA	VZN	11.14.17	-16.15			
		100m	01.12.94	200m	02.35.96	300m	04.00.97	400m	05.27.61
		500m	06.53.81	600m	08.21.34	700m	09.49.00		
6	KAD	56-0907	STURTEWAGEN YENTE	VZN	11.49.65	-08.37			
		100m	01.20.47	200m	02.51.28	300m	04.22.85	400m	05.52.86
		500m	07.22.03	600m	08.52.51	700m	06.23.06		
7	KAD	83-1208	VAN BELLEGHEM BO	LZK	12.24.14	-44.20			
		100m	01.20.28	200m	02.52.29	300m	04.26.52	400m	06.03.55
		500m	07.40.48	600m	09.17.08	700m	10.53.37		
8	KAD	65-9001	GOEGEBEUR SARAH	BZV	12.27.65	-37.05			
		100m	01.21.05	200m	02.53.50	300m	04.28.59	400m	06.04.10
		500m	07.41.73	600m	09.19.39	700m	10.57.35		
9	KAD	65-1003	GOEGEBEUR RHAISSA	BZV	13.31.10	+11.01			
		100m	01.27.73	200m	03.08.39	300m	04.52.91	400m	06.38.70
		500m	08.26.22	600m	10.13.79	700m	11.59.31		
10	KAD	83-1102	DECALUWE LITSE	LZK	13.34.44	-42.01			
		100m	01.31.68	200m	03.14.62	300m	04.58.99	400m	06.44.27
		500m	08.28.76	600m	10.12.40	700m	11.56.67		

Course nx 8 : 800m NAGE LIBRE DAMES MIN ---> VET (suite)  
 Koers nr 8 : 800m VRIJE SLAG DAMES MIN ---> VET (vervolg)

11	CAD	27-0055	DE ROOSE SARAH	SCR	14.16.29	+06.90			
		100m	01.33.66	200m	03.22.93	300m	05.12.96	400m	07.05.58
		500m	08.56.88	600m	10.47.56	700m	12.35.15		
1	PUP	56-0909	HELLYN JADE	VZN	10.28.09	-11.59			
		100m	01.12.23	200m	02.30.05	300m	03.49.61	400m	05.10.69
		500m	06.31.29	600m	07.52.40	700m	09.49.37		
2	PUP	5-0365	MELICE ELOISE	CMA	10.30.79	-02.00			
		100m	01.13.02	200m	02.31.19	300m	03.50.08	400m	05.09.49
		500m	06.29.43	600m	07.51.25	700m	09.13.62		
3	PUP	61-1102	ALLARD NELE	VZT	11.32.85	-17.15			
		100m	01.18.70	200m	02.44.52	300m	04.11.93	400m	05.39.78
		500m	07.07.97	600m	08.37.16	700m	10.06.58		
4	PUP	5-0439	MEULENYSER FLORINE	CMA	12.51.86	+01.14.68			
		100m	01.27.30	200m	03.01.83	300m	04.38.98	400m	06.16.84
		500m	07.54.30	600m	09.32.93	700m	11.13.64		
1	v25	51-1004	TILLEY NELE	VZSA	11.53.99	-05.02			
		100m	01.21.47	200m	02.50.87	300m	04.22.44	400m	05.53.55
		500m	07.24.79	600m	08.55.50	700m	10.26.28		
1	V25	25-0007	PEETERS JESSICA	VZSH	12.53.89	+06.89			
		100m	01.22.60	200m	02.55.86	300m	04.34.89	400m	06.15.36
		500m	07.57.04	600m	09.37.76	700m	11.18.70		
	CAD	5-0445	BRIHAYE EMILIE	CMA		Forfait			

Course nx 8 : 800m NAGE LIBRE DAMES MIN ---> VET  
 Koers nr 8 : 800m VRIJE SLAG DAMES MIN ---> VET

1	CAD	5-0162	MAROQUIN MORGANE	CMA	10.17.78	+06.15
2	KAD	84-1107	VERHULST FIEN	ZTB	10.20.00	-37.28
3	PUP	56-0909	HELLYN JADE	VZN	10.28.09	-11.59
4	PUP	5-0365	MELICE ELOISE	CMA	10.30.79	-02.00
5	KAD	62-7133	STROOM ANNE	ZIB	10.46.03	-38.97
6	MIN	5-0967	MELICE OCEANE	CMA	10.51.38	-02.39
7	KAD	84-1108	VANKEIRSBILCK EEFJE	ZTB	11.01.53	-07.73
8	MIN	5-0591	DEJONGHE CONSTANCE	CMA	11.08.10	+16.48
9	KAD	56-0908	T'JAECKX JOANNA	VZN	11.14.17	-16.15
10	PUP	61-1102	ALLARD NELE	VZT	11.32.85	-17.15
11	MIN	5-0404	WANGERMEZ CAMILLE	CMA	11.41.08	-29.63
12	KAD	56-0907	STURTEWAGEN YENTE	VZN	11.49.65	-08.37
13	v25	51-1004	TILLEY NELE	VZSA	11.53.99	-05.02
14	MIN	52-0905	VAN MEENSEL LIEN	DELF	12.04.93	-50.63
15	MIN	25-8012	VERMEULEN LIANSI	VZSH	12.13.16	-36.07
16	KAD	83-1208	VAN BELLEGHEM BO	LZK	12.24.14	-44.20
17	KAD	65-9001	GOEGEBEUR SARAH	BZV	12.27.65	-37.05
18	MIN	27-0045	POLLEZ CAITLIN	SCR	12.36.91	-36.68
19	PUP	5-0439	MEULENYSER FLORINE	CMA	12.51.86	+01.14.68
20	MIN	83-1103	BOSTOEN AICHA	LZK	12.52.32	-09.68
21	MIN	27-0030	GODEFROIDT EMILIE	SCR	12.52.33	+00.88
22	V25	25-0007	PEETERS JESSICA	VZSH	12.53.89	+06.89
23	KAD	65-1003	GOEGEBEUR RHAISSA	BZV	13.31.10	+11.01
24	KAD	83-1102	DECALUWE LITSE	LZK	13.34.44	-42.01
25	CAD	27-0055	DE ROOSE SARAH	SCR	14.16.29	+06.90
	CAD	5-0445	BRIHAYE EMILIE	CMA	Forfait	

**Course nx 9 : RELAIS 4\*200m NAGE LIBRE MESSIEURS**  
**Koers nr 9 : AFLOSSING 4\*200m VRIJE SLAG HEREN**

1	RELAIS CMA EQUIPE 1	CMA	9.36.97	+00.14
	200m 02.28.00 400m 05.00.31 600m 07.22.22			
2	VZ NIEUWP. PLOEG 1	VZN	9.45.40	-23.22
	200m 02.30.32 400m 05.11.73 600m 07.34.52			
3	RELAIS VZSA PLOEG 1	VZSA	10.34.73	-25.27
	200m 02.58.66 400m 05.21.39 600m 07.43.95			
4	LICHTERVELDE ZK PLOEG 1	LZK	11.29.35	+16.54
	200m 02.49.58 400m 05.46.99 600m 08.42.49			
5	VRIJE ZWEMMERS NIEUWPOORT ALOS VZN	VZN	12.36.02	-00.43
	200m 03.17.25 400m 06.31.70 600m 09.33.73			

**Course nx 10 : RELAIS 4\*200m NAGE LIBRE DAMES**  
**Koers nr 10 : AFLOSSING 4\*200m VRIJE SLAG DAMES**

1	RELAIS CMA EQUIPE 1	CMA	9.52.18	-00.55
	200m 02.32.94 400m 05.02.97 600m 07.27.25			
2	VZ NIEUWP. PLOEG 1	VZN	11.02.34	+22.19
	200m 02.52.32 400m 05.56.20 600m 08.33.07			
3	LICHTERVELDE ZK PLOEG 1	LZK	12.14.83	-01.43.47
	200m 02.49.18 400m 05.58.60 600m 03.15.45			

**CHAMPIONNAT NATIONAL CTFN - FROS - SPORTA 2012 LONGUES  
NATIONAAL KAMPIOENSCHAP CTFN - FROS -SPORTA 2011 - LANGE**

**9.- 4\*200m NAGE LIBRE MESSIEURS - VRIJE SLAG HEREN**

<b>1</b>	<b>C.M.A.</b>				<b>09.36.97</b>
	CLAISSE ETIENNE	DEJONGHE CLEMENT	COESSENS LIONEL	HERMAN HUGUES	
	02,28,00	05,00,31	07,22,22		
<b>2</b>	<b>V.Z.N. 1</b>				
	VERHAEGHE FRANK	DHEUNINCK ROBBE	CLAEYS KENNETH	VELGHE GILLES	<b>09.45.40</b>
	02,30,32	05,11,73	07,34,52		
<b>3</b>	<b>V.Z.S.A.</b>				<b>10.34.73</b>
	CLAUS JONATHAN	PEETERS JIM	LEYTENS BART	CAESTECKER WILFRIED	
	02,58,66	05,21,39	07,43,95		
<b>4</b>	<b>L.Z.K.</b>				<b>11.29.35</b>
	DECALUWE JORRE	DECALUWE JIMME	DEPOORTER ROBBE	VAN NEVEL NIELS	
	02,49,58	05,46,99	08,42,49		
<b>5</b>	<b>V.Z.N. 2</b>				<b>12.36.02</b>
	VERHAEGHE ROBBE DOES	GOMBERT DYLAN	MOEYAERT ROCHNEY	HELLYN ROBBE	
	03,17,25	06,31,70	09,33,73		

**10.- 4\*200m NAGE LIBRE DAMES - VRIJE SLAG DAMES**

<b>1</b>	<b>C.M.A.</b>				<b>09.52.18</b>
	DEJONGHE CONSTANCE	MELICE OCEANE	MELICE ELOISE	MAROQUIN MORGANE	
	02,32,94	05,02,97	07,27,25		
<b>2</b>	<b>V.Z.N.</b>				<b>11.07.34</b>
	STURTEWAGEN YENTE	VANDERVORST INI	T'JAECKX JOANNA	HELLYN JADE	
	02,52,32	05,56,20	08,33,07		
<b>3</b>	<b>L.Z.K.</b>				<b>12.14.83</b>
	BOSTOEN AÏCHA	DECALUWE LITSE	VAN BELLEGHEM BO	VANDENWEGHE REKHA	
	02,49,18	05,58,60	09,15,45		